## when do we work best??

## description

so, let's spice things up a bit and have some fun with this: when do we shine the brightest? here's a light-hearted month-by-month breakdown: new year, fresh start! everyone's energised and ready to tackle big goals. but winter drags on, and motivation meets freezing temperatures.  $\hfill \square$ ∏february: short and sharp! we're racing to get everything done in just 28 days, all while dodging flu season. fewer days, but somehow more focus. □ ☐ march: spring whispers hope. longer days and sunny mornings fuel fresh energy, productivity soars unless allergies crash the party. IIII ∏ april: unpredictable weather and easter holidays bring a mix of calm and chaos. one day, it's snowing; the next, it's sunny brunches. chocolate consumption peaks. Ⅲ may: the long weekend champion! ascension, pentecost, and the 1st of may keep us in mini-holiday mode. the result? a balance of work and life goals.  $\square$ ∭ june: summer vibes are in the air. big projects move forward, but as temperatures rise, so does the temptation to check out early.  $\square$ ∏july & august: the great <a>escape</a>! offices are empty, inboxes slow, and those still around enjoy the calm. productivity exists - as long as the heatwave doesn't fry our focus.  $\square$  ∏ september: back to business! with holidays over and schools back in session, it's the undisputed productivity peak. full focus, no distractions. [TTT] □ october: golden autumn days bring golden results. work flows smoothly, but winter whispers start creeping in. 🔲 ⊓ november:

in switzerland, productivity dances to the rhythm of the seasons, holidays, and even the sunrise.

dark days, bright minds. fewer distractions mean higher focus, but the first signs of holiday planning sneak into the mix. $\blacksquare$
☐ december: two speeds: full throttle and festive cruise. early december is all about deadlines; late december belongs to <a href="mailto:christmas">christmas</a> markets and mulled wine. ☐☐☐

## the verdict?

september undeniably wins for pure productivity – with no distractions and <u>full focus</u>, it's the peak of getting things done. meanwhile, may shines brightly for lifestyle, striking a perfect balance between holidays and work. as for july and august? these months serve as your creative recovery time, offering a much-needed period of relaxation that, in turn, allows your mind to recharge and come up with fresh ideas.  $\square$ 

source: linkedin

date 04 may 2025 date created

12 jan 2025

